

Past and Future Me: Career Investigation: Student Worksheet

Goal: You will complete a career assessment in order to find careers that align with your interests.

Part I: Introduction – Bell Work

What do I like to do in school? What do I like to do outside of school?

Now,

- Sign in to **CaliforniaColleges.edu**.
- Navigate to **Career** and then to **Interest Profiler**.
- Complete the assessment.
- Review your results.

Part II: Activity

1. Your Interest Profiler results will include careers that may interest you. Explore these careers by clicking on the career titles. Review the entire factsheet for each career, paying special attention to related careers and what to study.
2. When you find careers you may like, ♥ (favorite) them, and they will be saved in the career section of your **My Plan**.
3. You may also conduct a more general career search using the **Career Search Tool**. Navigate to **Career** and then to **Career Search Tool**.
4. Search careers by keyword, Bright Outlook, or Industry. Try a search using each of these filters.
5. Again, when you find careers you may like, ♥ (favorite) them.
6. When you have finished researching careers, review your careers. To do this, select **My Plan** at the top of the page, then **My Career Plan** and look at your career list.
7. Given your preferred careers, use the worksheet below to reflect on the connection between your career interests, related college requirements, and what you can do in high school to eventually secure a career that interests you. Complete the chart for two of your career choices.

Career Goal	Related College Goal	High School Step
<i>Example: Become veterinarian</i>	<i>Attend UC Davis and earn my undergraduate degree, and then I will need another degree.</i>	<ol style="list-style-type: none"> 1. Take honors science classes 2. Earn a 3.8 or higher GPA 3. Volunteer at the SPCA for 40 hours

Part III: Reflect

- Go to **My Plan** and then **My Journal**. In the **College Journal** section, find **prompt #09**:
“What progress have you made towards your college and career goals during your first year of high school? Did you make any decisions you regret? Did you make any decisions you were especially proud of?”
- Respond to the above prompt. Follow your teacher’s instructions if they assign a different prompt.